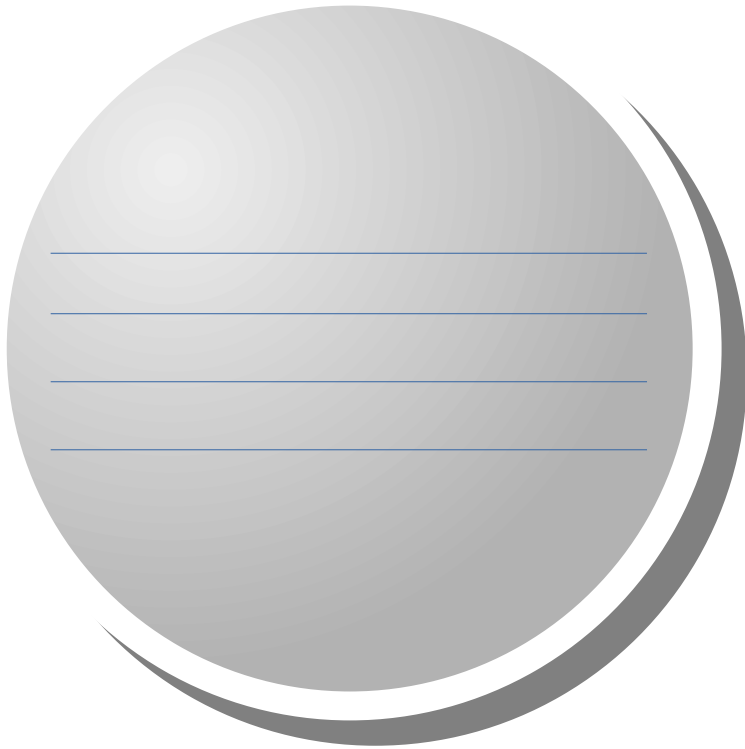


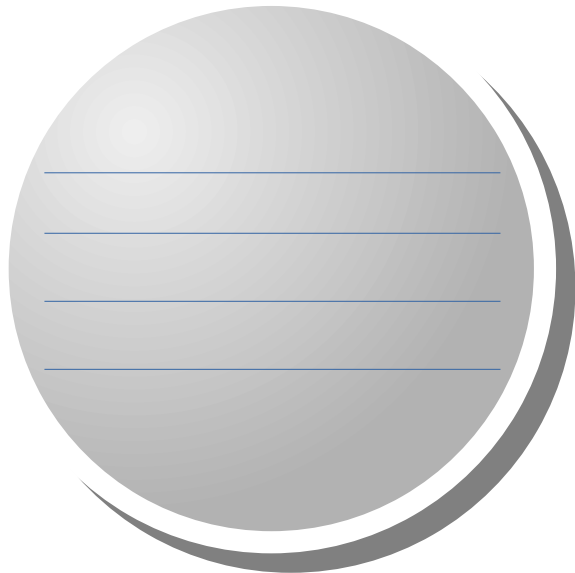
What do we want to stay exclusively inside our bubble?

# Bubble Theory Worksheet



Bubble type (examples: dyad, triad, quad, polycule, network, etc.)

Bubble types (examples: other dyads, Triads,quads, polycule, network, etc.)



What is ok to allow in community?

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Community types (examples: church, vanilla friends, family, sorority sisters, work, lifestyle communities, etc.)